

## Saturday, July 1, 2023

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### Rotary Club of Acton's Trunk Sale

Date and Time: Saturday, July 1 7:30 am - 12:30 pm

Address: 39 Eastern Ave, Acton, Ontario

The Rotary Club of Acton's Trunk Sale takes place every Saturday morning, From the Victoria Day weekend, May 20th, through to Thanksgiving at the Acton GO Station parking lot, adjacent to the Olde Hyde House. Need to declutter? Something to sell? Rent a spot only \$15 - proceeds fund Rotary's many charitable causes. Come see the amazing variety of collectibles, objects, belongings, clothes, gears, possessions, kits, gadgets, devices and cool stuff the vendors have for sale. You'll always find something you need.

### Downtown Georgetown Farmer's Market

Date and Time: Saturday, July 1 8:00 am - 12:30 pm

Address: Georgetown Farmers' Market Downtown, 66 Mill Street Georgetown ON L7G 3H7

Join us at the Georgetown Farmer's market, held Saturday from 8:00-12:30 from June to October. Experience the incredible bounty our region has to offer, from vibrant local produce to handcrafted goods and artistry. Live music, community gathering, and a celebration of shopping local nestled in the heart of historical downtown Georgetown.

The market is located along Main Street South, between James Street and Church Street, as well as in the municipal parking lot at the corner of Church and Main.

## Wednesday, July 5, 2023

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### Acton Community Garden Gathering

Date and Time: Wednesday, July 5 6:30 pm - 8:30 pm

Address: 24 Elizabeth Drive, Acton, Ontario L7J 1B5

Halton Environmental Network invites you to join us at the Acton Community Garden every Wednesday evening during the garden season! Come spend some time outside, get active, connect with community, and lend a hand in our beautiful community garden. All ages and levels of gardening experience are welcome. We will plant, water, weed and harvest throughout the season. Workshops on specific topics can be held, based on community interest. Anyone is welcome to harvest garden produce as needed. Any remaining harvest is donated to community agencies to be distributed to community members.

## Mindful Wednesday - Meditation Class

Date and Time: Wednesday, July 5 7:00 pm - 7:30 pm

Address: Buddha Meditation Centre of Halton 148 Main Street South Acton, ON

This free community meditation event is catered to those who would like to develop a mindfulness practice thereby reducing work stress and cultivating a peaceful mind.

What to Expect: We will practice loving-kindness meditation and breathing meditation by utilizing original Buddhist texts and techniques.

The class is a mix of instructions and guided meditations. We have plenty of chairs and cushions.

This meditation class is taught by monks trained in the **Theravada Buddhist Tradition**. All of the techniques we teach in this class are simple, useful and down to earth. Check out our **meditation resources page** to find out more and download the text with our guided instructions.

Don't be nervous if you've never been to a monastery or meditation class before. The atmosphere at our **activities** is peaceful, welcoming and very friendly.

Newcomers are welcome. We're looking forward to meeting you

## Thursday, July 6, 2023

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### Acton Outdoor Market

Date and Time: Thursday, July 6 4:00 pm - 7:00 pm

Address: 30 Park Ave, Acton ON L7J 1Y5

Join us at the the Acton community Outdoor Market every Thursday from 4-7pm from June 1st to October 5th! Enjoy the offerings of local farmers, producers, artisans, and craftspeople. From your weekly local harvest to celebrating handmade products, the Acton Outdoor market is the seasonal heart of the community.

## Friday, July 7, 2023

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### Georgetown Cruise Night

Date and Time: Friday, July 7 4:30 pm - 8:30 pm

Address: Mold-Masters SportsPlex parking 221 Guelph St. Georgetown, ON

21st season exhibition of over 100 classics and special-interest cars. Anyone looking to add their cars to the display may drive into the event. A 50/50 draw will be held every Friday to support the Halton Hills Optimist Club

## **The Johnny Anderson @ Trafalgar Sports Park**

Date and Time: Friday, July 7 5:00 pm - 10:00 pm

Address: Trafalgar Sports Park Halton Hills, ON

Johnny Anderson Live with a full band. Good music + Good food = Good memories Come out and enjoy!

## **Saturday, July 8, 2023**

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### **Rotary Club of Acton's Trunk Sale**

Date and Time: Saturday, July 8 7:30 am - 12:30 pm

Address: 39 Eastern Ave, Acton, Ontario

The Rotary Club of Acton's Trunk Sale takes place every Saturday morning, From the Victoria Day weekend, May 20th, through to Thanksgiving at the Acton GO Station parking lot, adjacent to the Olde Hyde House. Need to declutter? Something to sell? Rent a spot only \$15 - proceeds fund Rotary's many charitable causes. Come see the amazing variety of collectibles, objects, belongings, clothes, gears, possessions, kits, gadgets, devices and cool stuff the vendors have for sale. You'll always find something you need.

### **Downtown Georgetown Farmer's Market**

Date and Time: Saturday, July 8 8:00 am - 12:30 pm

Address: Georgetown Farmers' Market Downtown, 66 Mill Street Georgetown ON L7G 3H7

Join us at the Georgetown Farmer's market, held Saturday from 8:00-12:30 from June to October. Experience the incredible bounty our region has to offer, from vibrant local produce to handcrafted goods and artistry. Live music, community gathering, and a celebration of shopping local nestled in the heart of historical downtown Georgetown.

The market is located along Main Street South, between James Street and Church Street, as well as in the municipal parking lot at the corner of Church and Main.

## **Wednesday, July 12, 2023**

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### **Little Hands in the Garden drop-in**

Date and Time: Wednesday, July 12 4:00 pm - 5:30 pm

Address: 24 Elizabeth Drive, Acton, Ontario L7J 1B5

Halton Environmental Network invites children and their adults to come join us in the Acton Community Garden on Wednesday afternoons throughout the summer! Get outside and get active, while learning about growing

food, how plants grow, earthworms, and pollinators, all while meeting new friends in the community. Activities will include planting, watering, weeding, harvesting and tasting, as well as reading garden-themed stories, singing garden songs and creating art with natural materials. Children of all ages are welcome and must be accompanied by an adult. Registration is not required.

## Acton Community Garden Gathering

Date and Time: Wednesday, July 12 6:30 pm - 8:30 pm

Address: 24 Elizabeth Drive, Acton, Ontario L7J 1B5

Halton Environmental Network invites you to join us at the Acton Community Garden every Wednesday evening during the garden season! Come spend some time outside, get active, connect with community, and lend a hand in our beautiful community garden. All ages and levels of gardening experience are welcome. We will plant, water, weed and harvest throughout the season. Workshops on specific topics can be held, based on community interest. Anyone is welcome to harvest garden produce as needed. Any remaining harvest is donated to community agencies to be distributed to community members.

## Mindful Wednesday - Meditation Class

Date and Time: Wednesday, July 12 7:00 pm - 7:30 pm

Address: Buddha Meditation Centre of Halton 148 Main Street South Acton, ON

This free community meditation event is catered to those who would like to develop a mindfulness practice the rebuy reducing work stress and cultivating a peaceful mind.

What to Expect: We will practice loving-kindness meditation and breathing meditation by utilizing original Buddhist texts and techniques.

The class is a mix of instructions and guided meditations. We have plenty of chairs and cushions.

This meditation class is taught by monks trained in the **Theravada Buddhist Tradition**. All of the techniques we teach in this class are simple, useful and down to earth. Check out our **meditation resources page** to find out more and download the text with our guided instructions.

Don't be nervous if you've never been to a monastery or meditation class before. The atmosphere at our **activities** is peaceful, welcoming and very friendly.

Newcomers are welcome. We're looking forward to meeting you

## Thursday, July 13, 2023

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### Acton Outdoor Market

Date and Time: Thursday, July 13 4:00 pm - 7:00 pm

Address: 30 Park Ave, Acton ON L7J 1Y5

Join us at the the Acton community Outdoor Market every Thursday from 4-7pm from June 1st to October 5th!

Enjoy the offerings of local farmers, producers, artisans, and craftspeople. From your weekly local harvest to celebrating handmade products, the Acton Outdoor market is the seasonal heart of the community.

## **Friday, July 14, 2023**

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### **Georgetown Cruise Night**

Date and Time: Friday, July 14 4:30 pm - 8:30 pm

Address: Mold-Masters SportsPlex parking 221 Guelph St. Georgetown, ON

21st season exhibition of over 100 classics and special-interest cars. Anyone looking to add their cars to the display may drive into the event. A 50/50 draw will be held every Friday to support the Halton Hills Optimist Club.

## **Saturday, July 15, 2023**

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### **Rotary Club of Acton's Trunk Sale**

Date and Time: Saturday, July 15 7:30 am - 12:30 pm

Address: 39 Eastern Ave, Acton, Ontario

The Rotary Club of Acton's Trunk Sale takes place every Saturday morning, From the Victoria Day weekend, May 20th, through to Thanksgiving at the Acton GO Station parking lot, adjacent to the Olde Hyde House. Need to declutter? Something to sell? Rent a spot only \$15 - proceeds fund Rotary's many charitable causes. Come see the amazing variety of collectibles, objects, belongings, clothes, gears, possessions, kits, gadgets, devices and cool stuff the vendors have for sale. You'll always find something you need.

### **Downtown Georgetown Farmer's Market**

Date and Time: Saturday, July 15 8:00 am - 12:30 pm

Address: Georgetown Farmers' Market Downtown, 66 Mill Street Georgetown ON L7G 3H7

Join us at the Georgetown Farmer's market, held Saturday from 8:00-12:30 from June to October. Experience the incredible bounty our region has to offer, from vibrant local produce to handcrafted goods and artistry. Live music, community gathering, and a celebration of shopping local nestled in the heart of historical downtown Georgetown.

The market is located along Main Street South, between James Street and Church Street, as well as in the municipal parking lot at the corner of Church and Main.

### **Garden Tour: Bring Biodiversity to Your Yard**

Date and Time: Saturday, July 15 10:00 am - 11:00 am

Address: The garden of SNAP resident and naturalist Don Scallen 62 Windsor Road, Georgetown, ON L7G1T3, Canada Georgetown, ON

Learn about beautiful options for residential landscaping that increase biodiversity and support native pollinators.

## Halton Hills Self Defense in the Park

Date and Time: Saturday, July 15 10:00 am - 1:00 pm

Address: Trafalgar Sports Park Halton Hills, ON

### About the Workshop:

Join Nichelle and Kevin on July 15th at Trafalgar Sports Park for a 3-hour action packed Self Defense Class!

This Class will focus on:

- Situational and Mental Awareness Development and Mindset Skills
- Common Strike
- Self-Defense Techniques
- Escapes
- Board Breaking Exercise

Bring a waterbottle and be prepared for some partner work (you do not need to bring a partner with you, you will be matched up with someone else in the group)!

### Meet Nichelle:

Nichelle Laus is All About Changing Lives.

Growing up, Nichelle experienced unspeakable traumas that impacted every aspect of her life. With nowhere to turn, Nichelle took it upon herself to learn how to fight and turned to kickboxing and boxing resulting in competing in the amateur circuit.

This desire to not only protect herself, but also those around her, naturally lead her into a career in policing.

After 15 years of protecting her community as a Police Officer, Nichelle left her career to pursue her love of fitness. Except this time, instead of focusing on her kickboxing and boxing past (which she had retired from once she began her family), she found her passion helping women transform not only physically but emotionally, physiologically, and mentally via her online presence and personal training studio, OTC Toronto.

Unfortunately, as a result of the pandemic, OTC Toronto was forced to close. But like the fighter she is, Nichelle was ready to pivot.

Now, she has returned to her roots and her purpose is to keep the community safe, only in a different way than before. She co-owns an emergency services tactical supply shop and shares her story, her passion for health and wellness, and safety tips via motivational speeches, self-defense seminars, tv specials and social media content.

Because of how many paths Nichelle has taken in her life, she is well rounded and can relate to many people. She is an athlete, a mom of 4 boys, an entrepreneur, a tv personality, and a social media influencer boasting an organic 1.1 million followers on her verified TikTok account.

## Meet Kevin:

Nichelle instructs these Self-Defense classes with a male partner, Kevin. Kevin also served as a Police Officer for 30 years, and was the instructor for the defensive tactics programs at various police services. He has 3 black belts in different styles of Martial Arts, and has run self-defense classes all over the province, helping over 10,000 Women and Children across Ontario.

## Halton Hills Self Defense in the Park

Date and Time: Saturday, July 15 10:00 am - 1:00 pm

Address: 1515 Rebecca Street

The Women's Centre of Halton is hosting a 3-hour action packed Women's Self Defense Class with Nichelle and Kevin on July 15th at Trafalgar Sports Park.

This Class will focus on:

- Situational and Mental Awareness Development and Mindset Skills
- Common Strike
- Self-Defense Techniques
- Escapes
- Board Breaking Exercise

We recommend that participants bring a waterbottle and be prepared for some partner work (you do not need to bring a partner with you, you will be matched up with someone else in the group)!

The link to register for the workshop is: <https://www.eventbrite.ca/e/halton-hills-self-defense-in-the-park-tickets-641607875427?aff=oddtcreator>

## Wednesday, July 19, 2023

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### Little Hands in the Garden drop-in

Date and Time: Wednesday, July 19 4:00 pm - 5:30 pm

Address: 24 Elizabeth Drive, Acton, Ontario L7J 1B5

Halton Environmental Network invites children and their adults to come join us in the Acton Community Garden on Wednesday afternoons throughout the summer! Get outside and get active, while learning about growing food, how plants grow, earthworms, and pollinators, all while meeting new friends in the community. Activities will include planting, watering, weeding, harvesting and tasting, as well as reading garden-themed stories, singing garden songs and creating art with natural materials. Children of all ages are welcome and must be accompanied by an adult. Registration is not required.

### Acton Community Garden Gathering

Date and Time: Wednesday, July 19 6:30 pm - 8:30 pm

Address: 24 Elizabeth Drive, Acton, Ontario L7J 1B5

Halton Environmental Network invites you to join us at the Acton Community Garden every Wednesday evening during the garden season! Come spend some time outside, get active, connect with community, and lend a hand in our beautiful community garden. All ages and levels of gardening experience are welcome. We will plant, water, weed and harvest throughout the season. Workshops on specific topics can be held, based on community interest. Anyone is welcome to harvest garden produce as needed. Any remaining harvest is donated to community agencies to be distributed to community members.

## Mindful Wednesday - Meditation Class

Date and Time: Wednesday, July 19 7:00 pm - 7:30 pm

Address: Buddha Meditation Centre of Halton 148 Main Street South Acton, ON

This free community meditation event is catered to those who would like to develop a mindfulness practice thereby reducing work stress and cultivating a peaceful mind.

What to Expect: We will practice loving-kindness meditation and breathing meditation by utilizing original Buddhist texts and techniques.

The class is a mix of instructions and guided meditations. We have plenty of chairs and cushions.

This meditation class is taught by monks trained in the **Theravada Buddhist Tradition**. All of the techniques we teach in this class are simple, useful and down to earth. Check out our **meditation resources page** to find out more and download the text with our guided instructions.

Don't be nervous if you've never been to a monastery or meditation class before. The atmosphere at our **activities** is peaceful, welcoming and very friendly.

Newcomers are welcome. We're looking forward to meeting you

## Thursday, July 20, 2023

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### Acton Outdoor Market

Date and Time: Thursday, July 20 4:00 pm - 7:00 pm

Address: 30 Park Ave, Acton ON L7J 1Y5

Join us at the the Acton community Outdoor Market every Thursday from 4-7pm from June 1st to October 5th! Enjoy the offerings of local farmers, producers, artisans, and craftspeople. From your weekly local harvest to celebrating handmade products, the Acton Outdoor market is the seasonal heart of the community.

## Friday, July 21, 2023

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### Georgetown Cruise Night

Date and Time: Friday, July 21 4:30 pm - 8:30 pm



Address: Mold-Masters SportsPlex parking 221 Guelph St. Georgetown, ON

21st season exhibition of over 100 classics and special-interest cars. Anyone looking to add their cars to the display may drive into the event. A 50/50 draw will be held every Friday to support the Halton Hills Optimist Club

## **Saturday, July 22, 2023**

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### **Rotary Club of Acton's Trunk Sale**

Date and Time: Saturday, July 22 7:30 am - 12:30 pm

Address: 39 Eastern Ave, Acton, Ontario

The Rotary Club of Acton's Trunk Sale takes place every Saturday morning, From the Victoria Day weekend, May 20th, through to Thanksgiving at the Acton GO Station parking lot, adjacent to the Olde Hyde House. Need to declutter? Something to sell? Rent a spot only \$15 - proceeds fund Rotary's many charitable causes. Come see the amazing variety of collectibles, objects, belongings, clothes, gears, possessions, kits, gadgets, devices and cool stuff the vendors have for sale. You'll always find something you need.

### **Downtown Georgetown Farmer's Market**

Date and Time: Saturday, July 22 8:00 am - 12:30 pm

Address: Georgetown Farmers' Market Downtown, 66 Mill Street Georgetown ON L7G 3H7

Join us at the Georgetown Farmer's market, held Saturday from 8:00-12:30 from June to October. Experience the incredible bounty our region has to offer, from vibrant local produce to handcrafted goods and artistry. Live music, community gathering, and a celebration of shopping local nestled in the heart of historical downtown Georgetown.

The market is located along Main Street South, between James Street and Church Street, as well as in the municipal parking lot at the corner of Church and Main.

## **Tuesday, July 25, 2023**

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### **Business After Hours hosted by Halton Hills Gymnastics**

Date and Time: Tuesday, July 25 4:30 pm - 6:30 pm

Address: Halton Hills

We are excited to announce that the Halton Hills Gymnastics Centre will be hosting the July Business After Hours, one of the Chamber's most popular networking events. This is an in person event and we will be following all provincial mandates that are in place at that time. Please advise us if you require any accommodation under t

he Accessibility for Ontarians with Disabilities Act, 2005. Photography Disclaimer: The Halton Hills Chamber of Commerce reserves the right to photograph and record its events (virtual and in-person events), and from time to time will use these photos in publications, posters and/or graphics. By registering for any of our events, you understand and acknowledge that your photograph may be taken and used, per the Halton Hills Chamber's discretion.

## Wednesday, July 26, 2023

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### Little Hands in the Garden drop-in

Date and Time: Wednesday, July 26 4:00 pm - 5:30 pm

Address: 24 Elizabeth Drive, Acton, Ontario L7J 1B5

Halton Environmental Network invites children and their adults to come join us in the Acton Community Garden on Wednesday afternoons throughout the summer! Get outside and get active, while learning about growing food, how plants grow, earthworms, and pollinators, all while meeting new friends in the community. Activities will include planting, watering, weeding, harvesting and tasting, as well as reading garden-themed stories, singing garden songs and creating art with natural materials. Children of all ages are welcome and must be accompanied by an adult. Registration is not required.

### Acton Community Garden Gathering

Date and Time: Wednesday, July 26 6:30 pm - 8:30 pm

Address: 24 Elizabeth Drive, Acton, Ontario L7J 1B5

Halton Environmental Network invites you to join us at the Acton Community Garden every Wednesday evening during the garden season! Come spend some time outside, get active, connect with community, and lend a hand in our beautiful community garden. All ages and levels of gardening experience are welcome. We will plant, water, weed and harvest throughout the season. Workshops on specific topics can be held, based on community interest. Anyone is welcome to harvest garden produce as needed. Any remaining harvest is donated to community agencies to be distributed to community members.

### Mindful Wednesday - Meditation Class

Date and Time: Wednesday, July 26 7:00 pm - 7:30 pm

Address: Buddha Meditation Centre of Halton 148 Main Street South Acton, ON

This free community meditation event is catered to those who would like to develop a mindfulness practice thereby reducing work stress and cultivating a peaceful mind.

What to Expect: We will practice loving-kindness meditation and breathing meditation by utilizing original Buddhist texts and techniques.

The class is a mix of instructions and guided meditations. We have plenty of chairs and cushions.

This meditation class is taught by monks trained in the **Theravada Buddhist Tradition**. All of the techniques we teach in this class are simple, useful and down to earth. Check out our **meditation resources page** to find out more and download the text with our guided instructions.

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Newcomers are welcome. We're looking forward to meeting you

## **Thursday, July 27, 2023**

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### **Acton Outdoor Market**

Date and Time: Thursday, July 27 4:00 pm - 7:00 pm

Address: 30 Park Ave, Acton ON L7J 1Y5

Join us at the the Acton community Outdoor Market every Thursday from 4-7pm from June 1st to October 5th! Enjoy the offerings of local farmers, producers, artisans, and craftspeople. From your weekly local harvest to celebrating handmade products, the Acton Outdoor market is the seasonal heart of the community.

## **Friday, July 28, 2023**

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### **Georgetown Cruise Night**

Date and Time: Friday, July 28 4:30 pm - 8:30 pm

Address: Mold-Masters SportsPlex parking 221 Guelph St. Georgetown, ON

21st season exhibition of over 100 classics and special-interest cars. Anyone looking to add their cars to the display may drive into the event. A 50/50 draw will be held every Friday to support the Halton Hills Optimist Club

## **Saturday, July 29, 2023**

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### **Rotary Club of Acton's Trunk Sale**

Date and Time: Saturday, July 29 7:30 am - 12:30 pm

Address: 39 Eastern Ave, Acton, Ontario

The Rotary Club of Acton's Trunk Sale takes place every Saturday morning, From the Victoria Day weekend, May 20th, through to Thanksgiving at the Acton GO Station parking lot, adjacent to the Olde Hyde House. Need to declutter? Something to sell? Rent a spot only \$15 - proceeds fund Rotary's many charitable causes. Come see the amazing variety of collectibles, objects, belongings, clothes, gears, possessions, kits, gadgets, devices and

d cool stuff the vendors have for sale. You'll always find something you need.

## **Downtown Georgetown Farmer's Market**

Date and Time: Saturday, July 29 8:00 am - 12:30 pm

Address: Georgetown Farmers' Market Downtown, 66 Mill Street Georgetown ON L7G 3H7

Join us at the Georgetown Farmer's market, held Saturday from 8:00-12:30 from June to October. Experience the incredible bounty our region has to offer, from vibrant local produce to handcrafted goods and artistry. Live music, community gathering, and a celebration of shopping local nestled in the heart of historical downtown Georgetown.

The market is located along Main Street South, between James Street and Church Street, as well as in the municipal parking lot at the corner of Church and Main.

<https://calendar.haltonhills.ca>