# Wednesday, September 7, 2022

## **Acton Community Garden - Community Gathering**

Date and Time: Wednesday, September 7 6:30 pm - 8:00 pm

Address: Acton Rotary Park, 24 Elizabeth Drive

Join Halton Environmental Network in the garden every Wednesday night, 6:30-8pm to grow together - learn how to grow food in a sustainable way and grow together as a community! Each week we'll provide new garden topics and an opportunity to share the harvest. All remaining food will be donated to local food programs.

We welcome people of all ages and skill levels. High school volunteers are welcome to earn Community Involvement Hours! Corporate volunteer groups are also welcome!

**<u>RSVP here</u>** or simply come when you can! You can find more information on our <u>Acton Community Garden</u> <u>Facebook</u> page.

## Tuesday, September 13, 2022

## EnvironFocus Knowledge and Culture Exchange Program Summer Program

Date and Time: Tuesday, September 13 5:00 pm - 6:00 pm

Address: 205 – 6660 Kennedy Road Mississauga

Fall EKCEP is our fall program and will commence in 2022. It will run for 9 weeks, starting September 13th, 2022 and ending November 12th, 2022. Registration is open for the Fall program.

Are you looking for an impactful activity for your youths for this summer? Check out EKCEP! Our EnvironFo cus Knowledge and Culture Exchange Program (EKCEP) is a transformative youth educational program that p rovides an avenue for teachers and children from developed and developing countries to work together to solve sustainability issues affecting continents. Summer EKCEP is our summer program for high school students age d 14-18. It will run for five weeks, starting September 13 and ending August 12th, 2022. The Sustainable Deve lopment Goal (SDG) 1 No Poverty will be the topic of this year's fall program. Students will work together to create a project that targets an issue within their community that works towards eradicating poverty within SD G 1 so that it can be achieved!

The cost to participate per high school student is \$450 CAD. Payment will be required to reserve a spot click  $\underline{h}$  ere to reserve your spot today! Deadline to make payment is September 9th, 2022.

Students residing in Nigeria in need of assistance send an email to either projects@scan.org or ekcep@environf ocus.com

Contact us at 1 (833) 939-8435 or send an email to programs@environfocus.com.

## Wednesday, September 14, 2022

## **Acton Community Garden - Community Gathering**

Date and Time: Wednesday, September 14 6:30 pm - 8:00 pm

Address: Acton Rotary Park, 24 Elizabeth Drive

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# Wednesday, September 21, 2022

## **Acton Community Garden - Community Gathering**

Date and Time: Wednesday, September 21 6:30 pm - 8:00 pm

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## Thursday, September 22, 2022

## **Meditation Classes - Creating Our Happiness**

Date and Time: Thursday, September 22 7:00 pm - 8:30 pm

Address: Glen Williams Town Hall, 1 Prince St, Georgetown ON, L7G 2X1

Creating Our Happiness - Drop-in Meditation with Kadampa Buddhist nun, Gen Kelsang Kunden

Where does happiness come from? How can we create more happiness for ourselves and others? Buddha teach es that happiness comes from our positive thoughts and actions and unhappiness comes from negative thoughts and actions. When we deeply understand the law of karma, from non-virtue comes suffering and from virtue co mes happiness, we can confidently create our own happiness and help others do the sameInstead of blaming our other people, our circumstances, we can learn respond with a positive mind to all challenges and difficulties an d generate our own happiness. In September, we will contemplate the following topics and through meditation, deepen our wisdom and understanding and learn how to practically apply these teachings to solve our daily prob lems and difficulties.

Each class consists of guided meditations and teachings that we can contemplate and practice throughout the w eek. Each contemplation has a practical application to solve our daily problems. Through attending classes and putting effort into applying these teachings to our daily lives, we can make great progress increasing our own in ner peace. Through engaging in meditation practice we can develop and maintain a peaceful mind all the time. If we have a peaceful mind all the time we will be happy all the time, regardless of whether our conditions are go od or bad. Now is the time to train in inner peace and happiness by putting Buddha's teachings into practice.

There is no need to pre-register. Just come along. \$12. \$40 for 4 classes.

## Saturday, September 24, 2022

#### The Moccasin Identifier - Georgetown

Date and Time: Saturday, September 24 9:30 am - 11:30 am

Address: 9 Church St, Halton Hills, ON

oin Halton Hills Public Library to celebrate Indigenous heritage and culture, while creating a visual reminder to recognize and honour the past. The Moccasin Identifier advances Treaty and Indigenous awareness by helping y ou develop a greater understanding of Treaties and Indigenous relationships to the land. Using a Moccasin Ident ifier Education Kit participants will use stencils based on drawings of historical moccasins of the Anishanaabe, Huron-Wendat, Seneca and Cree to create temporary or permanent paintings of the moccasin designs grounding their learning through an art-based activity.

This drop-in program is for all ages. Please come prepared to paint.

## Sunday, September 25, 2022

#### The Aunties Dandelion: The Woman Who Fell From The Sky

Date and Time: Sunday, September 25 2:00 pm - 3:00 pm

The Lessons of Sky Woman - How the Haudenosaunee Creation Story Leads Us Into Resilience and Abundance

This event examines themes of resilience and abundance as we explore the Haudenosaunee creation story of Sk y Woman. Filmmaker and podcaster Kahstoserakwathe Paulette Moore of The Aunties Dandelion media arts co llective will screen her latest animated film THE CLAY SHE IS MADE OF and clips from her podcast episode titled SKY WOMAN WAS PUSHED while participants take part in a guided art activity.

## Wednesday, September 28, 2022

## **Acton Community Garden - Community Gathering**

Date and Time: Wednesday, September 28 6:30 pm - 8:00 pm

Address: Acton Rotary Park, 24 Elizabeth Drive

Join Halton Environmental Network in the garden every Wednesday night, 6:30-8pm to grow together - learn how to grow food in a sustainable way and grow together as a community! Each week we'll provide new garden topics and an opportunity to share the harvest. All remaining food will be donated to local food programs.

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# Thursday, September 29, 2022

## Artist in Residence at the Acton Farmers' Market

Date and Time: Thursday, September 29 3:30 pm - 7:00 pm

Address: Acton

Meet up with Acton's Artist in Residence Ingrid Mayerhofer at the weekly Farmers' Market, and stay up to date with her community arts project - to be revealed in Prospect Park this October! Ingrid's work has previously bee n on display through the Public Art Program with her 'After Nature' banner series, displayed throughout the tow n in 2020 and 2021. This program is presented by the Acton BIA in partnership with the Town of Halton Hills.

# Culture Days / Around Around Acton - Artist in Residency & Music Series at the Farmer's Market

Date and Time: Thursday, September 29 4:00 pm - 7:00 pm

Address: Outside the Acton Town Hall

The Town of Halton Hills has partnered with the <u>Downtown Acton BIA</u> to bring you 'Art Around Acton'. Resid ents and visitors can experience a variety of temporary and permanent public art activations and cultural events in Downtown Acton until the end of 2022. As part of Art Around Acton and Culture Days, don't miss Ingrid M ayrhofer as the artist in residency at the Acton Farmer's Market this fall and the weekly music series!

Don't miss Ingrid Mayrhofer, visual artist, curator, educator and community arts pracitioner during an 8-week a rtist residency at the <u>Acton Farmer's Market</u> every Thursday until October 6. During this residency, Mayrhofer will work with a "Tree of Life" motif, creating clay tiles that will be mounted to form a mural. Visitors can con tribute sketches or clay pieces or chose to take a self-curing clay piece home. The final mural will be presented during Culture Days this fall. Residents in Halton Hills may recognize her printmaking works from the After N ature public art banners that were displayed in multiple locations in Town in 2020 and 2021.

#### Also, Check out these musical performances at the Acton Farmer's Market during Culture Days

- September 29, Tragedy Ann
- October 6, John Muirhead

## **Meditation Classes - Creating Our Happiness**

Date and Time: Thursday, September 29 7:00 pm - 8:30 pm

Address: Glen Williams Town Hall, 1 Prince St, Georgetown ON, L7G 2X1

Creating Our Happiness - Drop-in Meditation with Kadampa Buddhist nun, Gen Kelsang Kunden

Where does happiness come from? How can we create more happiness for ourselves and others? Buddha teach es that happiness comes from our positive thoughts and actions and unhappiness comes from negative thoughts and actions. When we deeply understand the law of karma, from non-virtue comes suffering and from virtue co mes happiness, we can confidently create our own happiness and help others do the sameInstead of blaming our other people, our circumstances, we can learn respond with a positive mind to all challenges and difficulties an d generate our own happiness. In September, we will contemplate the following topics and through meditation, deepen our wisdom and understanding and learn how to practically apply these teachings to solve our daily prob lems and difficulties.

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There is no need to pre-register. Just come along. \$12. \$40 for 4 classes.

# Friday, September 30, 2022

#### National Day for Truth & Reconciliation: Glen Williams

Date and Time: Friday, September 30 10:00 am - 3:00 pm

Address: 509 Main Street, Glen Williams

Join the Town of Halton Hills in Glen Williams for the unveiling of a new moccasin crosswalk, vinyl wrapped box, and other activities to recognize the contributions and experiences of Indigenous peoples in Canada; progr amming details tbc.

https://calendar.haltonhills.ca