

## Thursday, November 3, 2022

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### Meditation Classes - Creating Our Happiness

Date and Time: Thursday, November 3 7:00 pm - 8:30 pm

Address: Glen Williams Town Hall, 1 Prince St, Georgetown ON, L7G 2X1

Creating Our Happiness - Drop-in Meditation  
with Kadampa Buddhist nun,  
Gen Kelsang Kunden

Where does happiness come from? How can we create more happiness for ourselves and others? Buddha teaches that happiness comes from our positive thoughts and actions and unhappiness comes from negative thoughts and actions. When we deeply understand the law of karma, from non-virtue comes suffering and from virtue comes happiness, we can confidently create our own happiness and help others do the same. Instead of blaming our other people, our circumstances, we can learn to respond with a positive mind to all challenges and difficulties and generate our own happiness. In September, we will contemplate the following topics and through meditation, deepen our wisdom and understanding and learn how to practically apply these teachings to solve our daily problems and difficulties.

Each class consists of guided meditations and teachings that we can contemplate and practice throughout the week. Each contemplation has a practical application to solve our daily problems. Through attending classes and putting effort into applying these teachings to our daily lives, we can make great progress increasing our inner peace. Through engaging in meditation practice we can develop and maintain a peaceful mind all the time. If we have a peaceful mind all the time we will be happy all the time, regardless of whether our conditions are good or bad. Now is the time to train in inner peace and happiness by putting Buddha's teachings into practice.

There is no need to pre-register. Just come along.  
\$12. \$40 for 4 classes.

## Wednesday, November 9, 2022

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### Esqueing Historical Society

Date and Time: Wednesday, November 9 7:30 pm - 8:30 pm

Address: Knox Presbyterian Church, 116 Main St., S, Georgetown, ON

#### ***THE TOWN OF GEORGETOWN Incorporated 1922***

To commemorate 100 years of town status, local historian Mark Rowe will explore the history of Georgetown in photos from the 1920s.

## Thursday, November 10, 2022

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### Meditation Classes - Creating Our Happiness

Date and Time: Thursday, November 10 7:00 pm - 8:30 pm

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## Sunday, November 13, 2022

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### Hungry Hollow SNAP Neighbourhood Social

Date and Time: Sunday, November 13 1:00 pm - 2:30 pm

Address: Cedarvale Park Cottage, Georgetown

Join Credit Valley Conservation and Town of Halton Hills staff on a walk through the neighbourhood while engaging in conversation about the Hungry Hollow SNAP Action Plan. Talk about actions we can take together to make the neighbourhood more sustainable and resilient to climate change. Learn about the creek, local trails, planting trees for shade and wildlife habitat, creating beautiful boulevards, growing food, and more. Enjoy coffee and treats after the event. Please bring your own mug. This event is open to the public and will be particularly interesting to residents in the the Hungry Hollow Sustainable Neighbourhood Action Plan area. To learn more visit [cvc.ca/hhsnapevents](http://cvc.ca/hhsnapevents) or call 437-216-5205.

## Thursday, November 17, 2022

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## Meditation Classes - Creating Our Happiness

Date and Time: Thursday, November 17 7:00 pm - 8:30 pm

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## Friday, November 18, 2022

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### OnScreen at the JET: Wochiigii Lo: End of the Peace

Date and Time: Friday, November 18 7:30 pm - 9:30 pm

Address: 9 Church Street, Georgetown Ontario

Wochiigii Lo: End of the Peace captures the five-year battle of individuals including Roland Willson, Diane Abel, and George Desjarlais as they challenge the British Columbia government's construction of a multi-billion-dollar mega-dam along the Peace River, which cuts across the province in an area largely populated by Indigenous peoples — including West Moberly and Prophet River First Nations, two of the smallest bands covered under Treaty 8. From Haida filmmaker Heather Hatch, Wochiigii Lo: End of the Peace was an official selection of the Toronto International Film Festival in 2021.

Tickets (\$12) are available through the John Elliott Theatre Box Office.

OnScreen at the John Elliott Theatre gratefully acknowledges our partnership with Film Circuit, presented by TIFF, and its sponsors and supporters. For more information about Film Circuit and to view a full list of their sponsors and supporters, please visit [www.tiff.net/filmcircuit](http://www.tiff.net/filmcircuit)

Tickets (\$12) are available through the John Elliott Theatre Box Office.

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## Thursday, November 24, 2022

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### Meditation Classes - Creating Our Happiness

Date and Time: Thursday, November 24 7:00 pm - 8:30 pm

Address: Glen Williams Town Hall, 1 Prince St, Georgetown ON, L7G 2X1

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<https://calendar.haltonhills.ca>